

Luray Sprint Triathlon Swim Waves

Sunday, August 16

Wave	Start Time	Divisions	Cap Color
1	8:00 AM	Open & ELITE	Neon Pink
2	8:03 AM	Men 39 & Under, Military Men, Physically Challenged	Royal Blue
3	8:06 AM	Women 34 & Under, Military Women	Powder Blue
4	8:09 AM	Men 40-54	Neon Red
5	8:12 AM	Women 35-44, All Athena	Purple
6	8:15 AM	Men 55 & Up, Women 45 & Up	Neon Green
7	8:18 AM	All Relays, All Aquabike, All Clydesdale	Dark Green
8	8:21 AM	All Novice	Pearly Silver