

Trail Run
1.7 Mile
1 Lap
1st Leg



Run Leg 3

Run Leg 1

Transition

Lake Arrowhead Rd



Bike 41Km
Two Loops

Cyclists will begin second loop
at the intersection of Ida Rd and
Hollow Run Rd

Run 10Km
Two Laps
3rd Leg

(A) = Run Aid Station

Begin second lap

Finish