

Luray International Triathlon Swim Waves

Saturday, August 17, 2019

Wave	Start Time	Divisions	Cap Color
1	8:00 AM	Open and ELITE	Neon Red
2	8:03 AM	Men 34 & Under, Military Men, Physically Challenged, All Clydesdale	Powder Blue
3	8:06 AM	Women 34 & Under, Military Women	Pearly Silver
4	8:09 AM	Men 35-44	Purple
5	8:12 AM	Men 45-54	Dark Green
6	8:15 AM	Women 35-49	Neon Pink
7	8:18 AM	Women 50 & Up, Men 55 & Up, All Athena	Neon Green
8	8:21 AM	All Relays, All Novice, All Aquabike	Royal Blue

Duathlon will be one wave with a start time of 8:15am