

Luray International Triathlon Swim Waves

Saturday, August 20, 2022

Wave	Start Time	Divisions	Cap Color
1	8:00 AM	Open and ELITE	Neon Red
1	8:00 AM	Men 34 & Under, Military Men, Physically Challenged, Clydesdale	Purple
2	8:03 AM	Women 34 & Under, Military Women, Athena	Pearly Silver
3	8:06 AM	Men 35-44	Powder Blue
4	8:09 AM	Men 45-54	Dark Green
5	8:12 AM	Women 35-49	Neon Pink
6	8:15 AM	Women 50+, Men 55+	Neon Green
7	8:18 AM	All Relays, Novice, Aquabike	Royal Blue

Duathlon will be one wave with a start time of 8:12am