

Luray Sprint Triathlon Swim Waves

Sunday, August 21, 2022

Wave	Start Time	Divisions	Cap Color
1	8:00 AM	Open & ELITE	Neon Pink
1	8:00 AM	Men 39 & Under, Physically Challenged	Royal Blue
2	8:03 AM	Women 34 & Under, Military Women, Athena	Purple
3	8:06 AM	Men 40-54, Military Men	Neon Red
4	8:09 AM	Women 35-49	Pearly Silver
5	8:12 AM	Women 50+	Neon Green
6	8:15 AM	Men 55+, Clydesdale, Relays, Aquabike	Dark Green
7	8:18 AM	Novice	Powder Blue

Duathlon will be one wave with a start time of 8:12am